



**DO IT
FOR**
Dolly
DAY '25

MAY 9

How to create a Kindness Wall

Choose Your Space – Pick a visible spot like a bulletin board, hallway, or large sheet of paper.

Set Up & Decorate – Use blue-themed decorations and provide markers, sticky notes, or paper for messages.

Explain & Invite – Add a sign explaining the wall's purpose and encourage people to write kind messages.

Share Messages – Ask participants to write or draw positive notes for friends, colleagues, or anyone who needs encouragement.

Engage & Reflect – Read the messages, start conversations about kindness, and share photos using #DoltForDollyDay.

Keep It Going – Leave the wall up as a lasting reminder and update it regularly with new messages.