

DO IT
FOR
Dolly
DAY '25

MAY 9

HOW TO GO BLUE TO END BULLYING?

This 'Do It For Dolly Day' May 9, 2025, we're going **BIGGER, BOLDER, & BLUER** than ever!

When you 'Go Blue', you're making a difference by sparking important conversations around bullying. You're showing up and speaking up for those who can't, because bullying devastates lives, families, and communities.

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[Doitfordollyday.org.au](https://doitfordollyday.org.au)

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Wear Your BLUE Loud and Proud

Encourage the community to pull on their brightest blue outfit, paint their face, or even dye their hair! Whether it's a bold blue hat, a funky blue tie, or a full head-to-toe blue ensemble, make your looks a conversation starter about bullying and the importance of kindness.



Host a BLUE-THEMED Event

From a blue morning tea or a school assembly to a blue workplace dress-up day, create a space for people to talk and share Dolly's Dream's vision for a future free from bullying.



Set Up a Fundraiser or Donate

Every dollar raised supports Dolly's Dream's programs and services—like anti-bullying workshops in schools and our 24/7 Support Line—to create safer, more inclusive communities. Your support makes an incredible difference!



Go Social with Your Support

Take a photo in your best blue and share it with the hashtag [#GoBlueToEndBullying](#). Tag your friends, family to join in and spread the word far and wide, don't forget to tag us, [@dollysdreamaustralia](#).

Have Important Conversations

We know the impact of bullying can be devastating. Have ongoing conversations with family, friends and especially the young people in your life. Check in regularly, share Dolly's Dream resources and let them know they are not alone.

THANK YOU! Your support raises awareness and vital funds for Dolly's Dream, helping prevent and support families affected by bullying.

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